

JESUS REVEALED

"I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing."

John 15:5

In Jesus Revealed, Matt Rawle writes, "Jesus upends the notion of hierarchy when he calls the disciples friends, teaches a way of love, and washes their feet. It is true that Jesus as the vine is the course of life and love, to which all must be connected; but Jesus says that he has chosen the disciples rather than the other way around."

How is it easy to see yourself as chosen by Jesus?

How is it difficult?

What are some daily routines that you currently use to help you abide and choose Jesus in return?

PRACTICE: VISIO DIVINA

This ancient Christian practice of "sacred seeing" ignites the holy imagination through praying with the eyes.

As you reflect on this image, what was the first thing that you noticed about it?

Let your attention remain on that detail or aspect of the image for a few minutes.

Now, consider the whole piece of art, make note of any words images, phrases, or images that stick out in your mind.

art by Sarah Duet www.sarahduet.com

JESUS REVEALED

"Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

John 6:35

Matt Rawle reflects on the contrast between abundance in Christ and presumed scarcity through the story of Jesus feeding the five thousand noting,

"I've always been intrigued by John's insistence of mentioning that the crowd sits down upon the grass. Three times sitting is mentioned in the course of two verses. Sitting, pausing, taking time to stop - that feels like the result of the recognition of abundance. Scarcity breeds anxiety. The assumption that there won't be enough causes us to pace the floor, feverishly ponder without answers, and dismiss any idea that isn't our own. Instead, Jesus invites the people to sit down, to rest, to trust that there will be enough."

Where do you notice a sense of abundance in response to your own wellbeing, your family, your work or home life, and in the world?

Where do you notice a sense of scarcity?

PRACTICE: VISIO DIVINA

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Now, consider the whole piece of art, make note of any words images, phrases, or images that stick out in your mind as you reflect on it

