



PRACTICE:

Read the prayer below. Stay open to an action of gentleness and love that can you offer to another this week.

“Lord, I believe my life is touched by you, that you want something for me, and of me. Give me ears to hear you, eyes to see the tracing of your finger, and a heart quickened by the motions of your Spirit.”

-Ted Loder, *Guerillas of Grace*

REFLECTION

Luke 24:36-48

The disciples are gathered after the crucifixion of Jesus, and they are confused and grieving. For the mission to continue, they must come to a new understanding of Jesus' life, death, and now resurrection. His appearance is so gentle and loving as he greets them with "peace be with you" and then offers, "touch me and see".

DISCUSSION

Read this passage aloud again. This time, place yourself in the room with the disciples. Close your eyes if you are comfortable and listen with your senses-what do you see, hear, taste, feel, and smell? Who are you in the group- a disciple, a cook or server listening in, or Jesus perhaps?

Read the passage once more. Jesus says, "You are witnesses of these things." As a witness of Jesus' resurrection, what is your response to what you have experienced in this reading and listening? Is there a new richness or understanding in this familiar scripture? How might you share this in your daily life?

